



Foundation for
**Edmonds
School District**

Suggested food items for a Nourishing Network Food Drive

Individual white milk (non-refrigerated)

Canned Chicken

Single serving cereal bowls/boxes

Canned Chili

Juice boxes/pouches**

Canned Soups

Oatmeal packets

Spaghetti O's

Canned Fruit/Fruit Cups, single serving

Raviolis

Canned Tuna

Easy Mac & Cheese

Nutrition Bars

These are high-need items. More than 4,000 food items move through our food pantry each week.

Single serving, ready-to-eat foods that require no or minimal heating or preparation are ideal.

**To make a donation or organize a food drive, call
or email Thame Fuller, Nourishing Network
Programs Director:**

425-431-7092 thame@foundationesd.org